Make Summer a Nutritious and Healthy Experience for Lower Income Children

Operate A Summer Food Program

Around 14 million children depend on free or reduced-price school lunches and breakfasts for 9 months out of the year.

For many of those children, summer vacation does not mean "fun in the sun" but rather increased risk of hunger and developmental decline.

As educators, you may know that children who miss school breakfast and lunch are more likely to be sick, absent or tardy, disruptive in class, and inattentive. They also score lower on achievement tests. Good nutrition is essential for learning in school.

Learning does not end when school lets out. Neither does the need for good nutrition—which is crucial for children to have safe and productive summers.

The summer food program provides an opportunity to continue a child's physical and social development while providing nutritious meals. The summer food program helps lower income children return to school ready to learn.

What's the next step?

Contact your State agency or the appropriate USDA regional office listed here:

Mid-Atlantic 609-259-5025		Northeast 617-565-6370	
DC	202-576-7400	CT	860-807-2071
DE	302-739-4676	ME	207-287-5315
MD	410-767-0199	MA	781-388-3300 x494
NJ	609-292-4498	NH	603-271-3646
PA	717-787-7698	NY	518-473-8781
PR	787-754-0790	RI	401-222-4600 x2360
VA	609-259-5134	VT	802-828-2447
VI	340-774-9373		
WV	304-558-2708	South	
		404-562-1800	
Midwest		AL	334-242-8249
312-353-6664		FL	800-504-6609
II.	217-782-2491	GA	404-562-7077
IN	317-232-0850	KY	502-573-4390
MI	312-353-3089	MS	601-354-7015
MN	651-582-8526	NC	919-715-1924
OH	614-466-2945	SC	803-734-9794
WI	608-266-7124	TN	615-313-4749
	tain Plains	South	
	itain Plains 44-0300		west 90-9800
			90-9800
303-8	44-0300	214-2	90-9800
303-8 CO	44-0300 303-866-6661	214-2 AR	90-9800 501-682-8842
303-8 CO IA	303-866-6661 515-281-5356	214-2 AR LA	90-9800 501-682-8842 225-342-3720
303-8 CO IA KS	44-0300 303-866-6661 515-281-5356 785-296-2276	214-2 AR LA NM	90-9800 501-682-8842 225-342-3720 505-827-9953
303-8 CO IA KS MO	44-0300 303-866-6661 515-281-5356 785-296-2276 888-435-1464	214-2 AR LA NM OK	90-9800 501-682-8842 225-342-3720 505-827-9953 405-521-3327
303-8 CO IA KS MO MT	44-0300 303-866-6661 515-281-5356 785-296-2276 888-435-1464 406-444-2505	214-2 AR LA NM OK	90-9800 501-682-8842 225-342-3720 505-827-9953 405-521-3327 512-483-3941
303-8 CO IA KS MO MT NE	303-866-6661 515-281-5356 785-296-2276 888-435-1464 406-444-2505 402-471-3566	214-2 AR LA NM OK TX	90-9800 501-682-8842 225-342-3720 505-827-9953 405-521-3327 512-483-3941
303-8 CO IA KS MO MT NE ND	303-866-6661 515-281-5356 785-296-2276 888-435-1464 406-444-2505 402-471-3566 701-328-2294	214-2 AR LA NM OK TX Weste 415-7	90-9800 501-682-8842 225-342-3720 505-827-9953 405-521-3327 512-483-3941 ern 05-1310/04
303-8 CO IA KS MO MT NE ND SD	303-866-6661 515-281-5356 785-296-2276 888-435-1464 406-444-2505 402-471-3566 701-328-2294 605-773-3110	214-2 AR LA NM OK TX Weste 415-7 AK	90-9800 501-682-8842 225-342-3720 505-827-9953 405-521-3327 512-483-3941 ern 05-1310/04 907-465-8709
303-8 CO IA KS MO MT NE ND SD UT	303-866-6661 515-281-5356 785-296-2276 888-435-1464 406-444-2505 402-471-3566 701-328-2294 605-773-3110 802-828-5155	214-2 AR LA NM OK TX Weste 415-7 AK AZ	90-9800 501-682-8842 225-342-3720 505-827-9953 405-521-3327 512-483-3941 ern 05-1310/04 907-465-8709 602-542-8704
303-8 CO IA KS MO MT NE ND SD UT	303-866-6661 515-281-5356 785-296-2276 888-435-1464 406-444-2505 402-471-3566 701-328-2294 605-773-3110 802-828-5155	214-2' AR LA NM OK TX Weste 415-7' AK AZ CA	90-9800 501-682-8842 225-342-3720 505-827-9953 405-521-3327 512-483-3941 ern 05-1310/04 907-465-8709 602-542-8704 916-327-6465
303-8 CO IA KS MO MT NE ND SD UT	303-866-6661 515-281-5356 785-296-2276 888-435-1464 406-444-2505 402-471-3566 701-328-2294 605-773-3110 802-828-5155	214-2 AR LA NM OK TX Weste 415-7 AK AZ CA HI	90-9800 501-682-8842 225-342-3720 505-827-9953 405-521-3327 512-483-3941 ern 05-1310/04 907-465-8709 602-542-8704 916-327-6465 808-541-2857
303-8 CO IA KS MO MT NE ND SD UT	303-866-6661 515-281-5356 785-296-2276 888-435-1464 406-444-2505 402-471-3566 701-328-2294 605-773-3110 802-828-5155	214-2' AR LA NM OK TX Weste 415-7' AK AZ CA HI ID	90-9800 501-682-8842 225-342-3720 505-827-9953 405-521-3327 512-483-3941 ern 05-1310/04 907-465-8709 602-542-8704 916-327-6465 808-541-2857 208-332-6820
303-8 CO IA KS MO MT NE ND SD UT	303-866-6661 515-281-5356 785-296-2276 888-435-1464 406-444-2505 402-471-3566 701-328-2294 605-773-3110 802-828-5155	214-2 AR LA NM OK TX Weste 415-7 AK AZ CA HI	90-9800 501-682-8842 225-342-3720 505-827-9953 405-521-3327 512-483-3941 ern 05-1310/04 907-465-8709 602-542-8704 916-327-6465 808-541-2857
303-8 CO IA KS MO MT NE ND SD UT	303-866-6661 515-281-5356 785-296-2276 888-435-1464 406-444-2505 402-471-3566 701-328-2294 605-773-3110 802-828-5155	214-2' AR LA NM OK TX Weste 415-7' AK AZ CA HI ID NV	90-9800 501-682-8842 225-342-3720 505-827-9953 405-521-3327 512-483-3941 ern 05-1310/04 907-465-8709 602-542-8704 916-327-6465 808-541-2857 208-332-6820 702-687-9154

Visit our website at: www.fns.usda.gov/cnd

USDA prohibits discrimination in the administration of its programs. To file a complaint, write to the Administrator, Food and Nutrition Service, 3101 Park Center Dr., Alexandria, VA 22302.



U.S. Department of Agriculture Food and Nutrition Service FNS-309 February 1999 Slightly revised December 2000

Food that's in when school is out!



Schools can help...

The Summer Food Service Program for Children



Everyone Wins With Summer Food!

- Low-income children have nutritious meals and organized activities.
- Low-income parents stretch food dollars and have healthy recreation for their children.
- Food service workers have summer employment.
- The school receives Federal money to carry out the program.

What is the summer food program?

The Summer Food Service Program for Children is a federally funded program operated nationally by the U.S. Department of Agriculture (USDA) and administered at the State level by a State agency. The agency reimburses sponsors (such as schools) for meals served at approved feeding sites in low-income areas to children 18 years and under.

How does the summer food program differ from the school lunch program?

If you have an academic summer school program, you should continue to participate in school lunch and breakfast. However, the summer food program is ideal if you sponsor an enrichment, recreational, or activities program over the summer. The summer food service reimbursement rate is higher than that for school lunch.

Who can sponsor the summer food program?

Units of local government, camps, private nonprofit organizations, and *schools*.

What is an approved feeding site?

A feeding site must be approved by the State agency as either an "open" or "enrolled" site.

An "open" site is one in which at least half the children in the area are eligible for free or reduced-price school meals.

An "enrolled" site is one in which at least half the children enrolled in the summer program are eligible for a free or reducedprice lunch.

Who can receive meals at an approved feeding site?

All children 18 years of age or under are eligible to receive free meals at an "open" site. Only enrolled children may eat at an "enrolled" site.

How does my school apply to be a program sponsor?

Contact the State agency and complete an application form supplied by the agency.

How are schools reimbursed for the meals served?

Forms documenting how many meals were served for the month must be submitted to the State agency. There is an administering and operating rate for each meal served. The sponsor will be reimbursed at that rate or for actual cost if less than the rate.

What type of meal service is required?

Meals must have the same meal components as school lunch and breakfast. Lunch and one other meal or snack may be served. Additional benefits are available for migrant sites.

Does my school prepare the meals?

A school may serve as a sponsor and either prepare its own meals or contract with a vendor. A school may also serve as a vendor for another sponsor and not administer or supervise a feeding site.







